

GOURMET STATION. We cook, you enjoy!

Nuestra meta es proporcionar a nuestros clientes con Alimentos deliciosos, saludables y bajos en calorías que les hará regresar por más! Nuestros platos son preparados y cocinados siempre utilizando ingredientes frescos. “Minimo orden de \$8.00 para delivery”

ENTREES



Cada plato va con dos acompañantes

Churrasco Steak

\$13.50 **Porcion extra \$3.50 **

Grilled to order. The famous “Nicaraguan Churrasco” is served with chimichurri sauce.



Leaned Turkey Meatloaf

\$10.50

Served with our own homemade BBQ sauce.



Chicken with Mango Sauce

\$10.50

Grilled chicken breast with mango chutney.

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Chicken Teriyaki

\$10.50

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Grilled chicken breast marinated in a teriyaki sauce and topped with sesame seeds and sliced mushrooms.



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Grilled Chicken Breast

\$10.50

Grilled to order, perfect for your daily protein intake.



Seasoned Tofu

\$10.50

Grilled tofu seasoned with a blend of spices and herbs.



Grilled Herbed Salmon

\$13.50 **Porcion extra \$3.50 **

Fresh salmon grilled to perfection, served with lemon dill yogurt sauce.

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Station Daily Specials

\$10.50

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Ask about chef's daily specials. All meals come with 2 sides. ****Porcion extra \$3.50 ****

On the Side



Rosemary Potatoes

\$3.95

Oven roasted with rosemary and olive oil.



Sweet Potatoes

\$3.95

Available plain or mashed.

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- [Sweet Plantains](#)

\$3.95

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Baked ripe plantains seasoned with cinnamon.



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- [Surprise Mashed Cauliflower](#)

\$3.95

Low calorie recipe made with cauliflower.



- [Mashed Potatoes](#)

\$3.95

Everyone loves our light and fluffy mashed potatoes.



- [Gallo Pinto](#)

\$3.95

Try our famous Nicaraguan Gallo Pinto made with rice and red beans.

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- [Brown Rice](#)

\$3.95

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Try our healthy whole grain rice.



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- [Grilled Mixed Veggies](#)

\$3.95

Made with Zucchini, Yellow Squash and Eggplant.



- [Steamed Vegetables](#)

\$3.95

One of the most healthy options for your vegetables.



- [Mixed Green Salad](#)

\$3.95

Mixed greens cherry tomatoes, and cucumbers.

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Quinoa

\$3.95

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A complete protein, full of fiber and naturally gluten free



Tortellini

\$8.00

Stuffed with ricotta cheese.



Turkey Lasagna

\$9.00

Lean Ground Turkey with tomato sauce and mozzarella cheese.



[Penne Pesto](#)

\$8.50

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Penne pasta with our fresh pesto sauce.

- All pastas are served with a choice of Marinara sauce, Alfredo Sauce, Pink Sauce or Pesto. *Add chicken for \$2.00

Salads



[Fruit Salad](#)

Pequeño \$4.75 Grande \$7.00

Handmade with fresh seasonal fruits.



[Portobello Salad](#)

\$8.00

Grilled Portobello mushrooms, caramelized onions, cherry tomatoes, tangerine and walnuts on a bed of mixed greens.

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Signature Salad

\$8.00

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Chickpeas, sliced beets, tomatoes and pistachios topped with feta cheese on a bed of mixed greens.



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Japanese Salad

\$7.00

Tomatoes, raw white mushrooms and cucumbers served on a bed of mixed greens. Add Chicken: \$8.00 | Add Steak: \$10.50



Caesar Salad

\$7.00

Romaine lettuce, shredded Parmesan cheese and croutons. Add Chicken: \$8.00 | Add Salmon: \$10.50

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- [Waldorf Tuna Salad](#)

\$7.50

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Tangy tuna salad with celery, raisins, chives, walnuts and apples with light mayo on a bed of mixed greens.



- [Waldorf Chicken Salad](#)

\$7.50

Shredded chicken with raisins, walnuts, celery and light mayo on a bed of mixed greens.

Sandwiches

- Choice of bread: French baguette or whole wheat bread.



- [Turkey Burger](#)

\$9.50

Turkey patty on hamburger bun with lettuce and tomatoes.

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[Steak Sandwich](#)

\$9.00

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Grilled Steak, caramelized onions, tomatoes and lettuce.



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[Italian Club](#)

\$9.00

Prosciutto, tomato, basil and mozzarella cheese.



[French Club](#)

\$8.00

Black forest ham, turkey breast, Brie cheese, lettuce and tomato.



[Mozzarella Sandwich](#)

\$7.75

Fresh Mozzarella, tomato and basil drizzled with olive oil.

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- [Tuna Salad Sandwich](#)

\$7.00

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Tuna Salad with light mayo, chives, tomatoes, lime, lettuce and tomato.



- [Roasted Turkey Sandwich](#)

\$7.00

Turkey breast, tomatoes and lettuce.



- [Croque Monsieur Sandwich](#)

\$7.00

Pressed ham and cheese.



- [Waldorf Chicken Sandwich](#)

\$7.00

Waldorf Chicken salad with light mayo, apples, walnuts and raisins.

Wraps

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Vegetarian

\$8.00

Grilled zucchini, eggplant, yellow squash and feta cheese.



Grilled Chicken Caesar

\$8.00

Grilled chicken breast, Parmesan cheese, croutons and romaine lettuce.



Asian

\$7.75

Chicken Teriyaki, romaine lettuce, cucumber, carrots, tomatoes and sesame seeds.

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Mexican

\$7.75

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Chicken or Beef fajitas with tomatoes, cilantro and romaine lettuce.



All American

\$7.75

Turkey, Swiss cheese, tomatoes and romaine lettuce.



Cookies

\$2.00

Try our scrumptious chocolate chip cookies.

Desserts

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Banana Bread

\$2.75

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Low fat moist bread made with fresh bananas



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Double Fudge Brownies

\$2.75

Try our delicious freshly baked brownies.



Banana Cake

\$3.95

Banana cake freshly baked it is plain sinful!



Carrot Cake

\$3.95

Fresh ingredients, cream cheese icing, perfectly delicious!

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Gourmet Station Miami, quiere agradecerles a todos Uds. por visitar nuestro restaurant y ser parte de nuestro éxito.

ESPERAMOS VERLOS PRONTO!

<http://gourmetstationmiami.com>

